

*The Lehigh Valley's leading provider of prevention education programs and services in schools, in the workplace, and in the community.*



**2024-2025  
ANNUAL REPORT**

[www.thechc.org](http://www.thechc.org)

## Leadership Message



**Center for Humanistic Change, Inc.**  
3400 Bath Pike, Suite 306  
Bethlehem PA 18017  
(610) 443-1595  
info@thechc.org  
www.thechc.org

### **BOARD OF DIRECTORS**

#### **2024-2025 OFFICERS**

**John Mohr, President**  
*Air Products*

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All of us at CHC are grateful to John Mohr, the organization's immediate past president, who was an ardent supporter and a dedicated board member since 2019. John was an active participant, generously shared his business expertise, and represented CHC with understanding and enthusiasm.

I am honored to follow John's tenure as the new president, and look forward to working with my esteemed board colleagues and the staff to help advance CHC's programs and services. I've been so inspired by the knowledge and commitment of a very skilled staff, and all they do to care for and educate the people of the Lehigh Valley, especially children.

I welcome one and all to join me in supporting this very fine organization and the vital educational programming provided in our region.

**Ryan Hinsey, Esq.**  
**President 2025-2026**  
**Board of Directors**



For 47 years, Center for Humanistic Change has been the leading provider of prevention education and life-skills programming in the Lehigh Valley. We continue to serve tens of thousands of students, families, and professionals each year through evidence-based curricula and custom-designed programs, and an ongoing commitment to serving people across the lifespan. We meet our consumers where they are, while recognizing that each community is distinct and deserving of the same personalized attention, intentional humility, and high level of professionalism.

We remain committed to a service-oriented model of engagement and take great pride in our ability to remain current, flexible, and fully present. We truly value our partnerships – both educational and philanthropic – and are grateful for the continued support we receive from Lehigh and Northampton Counties, superintendents and principals, and community leaders.

Thank you for joining us on this journey, and we look forward to many more years of serving the Greater Lehigh Valley.

**Andrew D'Angelo**  
**Executive Director**



# Programs for Everyone



## CREATIVE CLUBHOUSE



### ~ A Summer and After-School Art & Wellness Youth Program ~

CHC's Creative Clubhouse proprietary program is an imaginative and educational "camp" experience aimed at giving elementary and middle school children in Northampton and Lehigh counties an innovative opportunity to explore their mental and emotional wellbeing. Kids are learning how to manage stress and anxiety, regulate emotions, and build resilience and self-esteem.

With grant support including funding from **Crayola** and **Ironpigs Charities**, Creative Clubhouse welcomed 108 children at Windgap Elementary School, Nazareth Middle School, Lower Macungie Middle School, Arts Academy Middle School, Harrison Morton Middle School, and the Easton Boys & Girls Club.

### **Multi-Session Programs:**

- Anger Management for Adults
- Blues Program
- Botvin Life Skills (Students/Parents)
- CATCH My Breath
- Leaps and Bounds
- Project Toward No Drug Abuse (9-12)
- Second Step Bullying Prevention
- SPARK
- STEP/STEP Teens (Systematic Training for Effective Parenting/Teens)
- Strengthening Families (Familias Fuertes)
- Strengthening African American Families
- Student Mentoring (K-12)
- Too Good for Drugs/Violence
- Youth Vaping Program

### **Small Groups - Life Skills:**

- Botvin Life Skills (Grades 3-12)
- Lifeskills for Littles (Grades K-8)
- FISH (Families in Separate Households) (Grades 2-6)

### **Single Session Programs:**

- Addiction & Opioid Crisis Jeopardy Game
- Choices, Chances, Changes
- Current Drug Trends
- Clean Break
- Cyber Gambling Awareness for Teens
- Gambling Awareness for Adults
- Gaming in Gambling
- HOPE
- Kids/Teens & Technology
- Mock Teen Bedroom
- Narcan® Training
- Social Media Awareness
- SOS - Signs of Suicide
- Sports Betting

**"My heart feels like I may have saved a life."**

- Quote from a CHC Mentor after seeing improvement with a 3rd grade child in the Mentoring program.

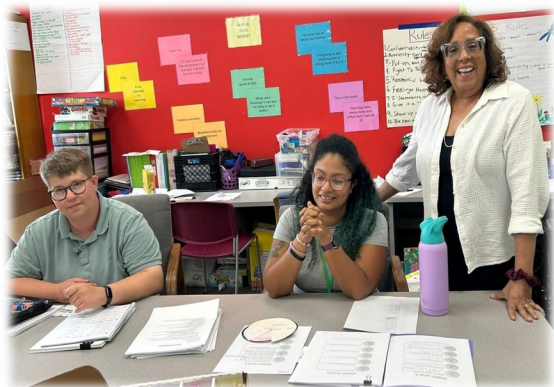


<b>PARTICIPANTS REACHED 2024-2025 *</b>			
<b>Population</b>	<b>Lehigh County</b>	<b>Northampton County</b>	<b>Total</b>
Elementary (up to 11 years)	3,569	977	4,546
Secondary (ages 12-20 years)	7,412	3,874	11,286
Adults (ages 21 and older)	3,096	1,419	4,515
No ages reported	1,547	1,909	3,456
<b>Total</b>	<b>15,624</b>	<b>8,179</b>	<b>23,803</b>
* Totals may not reflect all participants reached at community events, professional meetings, and/or virtual presentations.			

Custom programs are also designed to address the specific needs of schools, community organizations and businesses. CHC is a first responder to provide assistance when schools encounter critical issues and children face defining moments.

## Mission Focused

*At CHC, we give people, especially youth, the knowledge and tools needed to make better-informed and more positive life choices.*



Center for Humanistic Change prepares people to meet life's challenges. We believe that individuals equipped with knowledge and practical skills are more likely to make healthy choices in their lives. CHC offers evidence-based, evidence-informed, and custom-designed educational programs focused on building resiliency, learning how to develop healthy relationships, and avoiding destructive behaviors such as substance misuse and violence.

### ◆ We Educate

We “train the trainers” and offer programs specially designed for educators and parents. We teach parents how to communicate more effectively with their children and to recognize the signs of alcohol and substance misuse, dating violence, and cyberbullying. We offer custom-designed training for schools, businesses, and community organizations on topics ranging from alcohol, tobacco, and other drug use prevention, relationship and family skills, personal life skills, and violence and bullying prevention.

### ◆ We Support

We support at-risk students by teaching them the necessary skills to cope with challenges they will face in school and in life. We work with schools to identify students whose alcohol, substance abuse, or mental health issues are becoming barriers to their success – and then help these students get back on track.

### ◆ We Lead

We track local and national trends to ensure our programs are relevant and reflect evidence-based best practices. We also take a leadership role in bringing together people from all sectors of the Lehigh Valley to collectively address the issues of alcohol and substance abuse.

We serve elementary, middle, and high school-aged youth, as well as parents and educators, and employees at workplaces throughout the Lehigh Valley. Although primarily school-focused, we serve people wherever they are – in schools, neighborhoods, community-based organizations, communities of faith, and worksites. CHC facilitates interactive experience-based trainings and small groups that engage participants in meaningful learning.

Many of our evidence-based programs have been approved by the National Registry of Evidence-Based Programs and Practices (NREPP), which is hosted by the Substance Abuse and Mental Health Services Administration (SAMHSA) within the U.S. Department of Health and Human Services (HHS).



## We Know Prevention Works



Center for Humanistic Change conducts pre- and post-surveys to measure changes and establish the impact of prevention education. Program results are analyzed to determine if there is a significant difference and improvement in knowledge score and attitude shifts, before and after programming is delivered. Results are part of a fuller evaluation that considers factors such as the level of pre-survey knowledge and attitudes, and the regularity and consistency of prevention education among the population. Our evidence-based programming has been tested and proven to make a difference in the lives of those served. However, it is more often through our focused time and face-to-face interaction with students and adults when we learn about the power of our work and the fuller impact we make in their lives.



### CHC Mentoring Program

Mentoring provides social and emotional learning to students in K-12 at **32 schools in eight school districts** in the Lehigh Valley. Our team of trauma-informed, culturally responsive adults meet with school students in small groups or in one-on-one settings. Following the successful launch in 2023 of **SPARK** (*Speaking to the Potential, Ability and Resilience inside every Kid*), CHC continued using this core evidence-based curriculum in mentoring to assist students with communication, problem-solving and conflict resolution skills. The SPARK program aims to increase school connectedness, reduce risk factors, and uncover protective factors to promote emotional well-being and school success. CHC Mentors work with students to teach skills and strategies encompassing the five pillars of SEL. Practical hands-on activities demonstrate for students how to apply these concepts in their lives. The SPARK curriculum is now also utilized in general classroom programming.

**“My Mentor is someone I can trust and it’s a safe place to go.”**

*- Quote from a middle school student in the Mentoring program.*

In 2024-2025, CHC staff received **1,149 referrals** and mentored **814 students** throughout the Lehigh Valley. Program outcomes included: 37% of students reported improved emotional regulation; 79% showed improved problem solving skills; 40% improved their communication skills; and 55% expressed an overall improvement.

### Student Assistance Program (SAP)

The Commonwealth of Pennsylvania’s Student Assistance Program is designed to aid school personnel in identifying problems and behaviors which pose barriers to student success, including mental health issues and misuse of drugs and alcohol. **CHC’s SAP team served all 94 schools in Lehigh County and 55 schools in Northampton County** with liaison services. Support included attending school-team and parent/teacher meetings, and providing informational materials and newsletters, team maintenance, professional development for teachers and administrators, evaluation services, and BH Works – a behavioral health screener provided to schools. Small groups were available to school students who needed support on various topics such as social and coping skills, anger management, anxiety, trauma, self-esteem, conflict resolution, grief, changing families, diversity and more.

CHC continues as a provider of the **Commonwealth Approved Training Program**, and in 2024-2025 **trained and certified 79 new SAP professionals** from the Lehigh Valley and surrounding areas.

Virtual **SAP networking meetings** are scheduled and coordinated by CHC several times throughout the year.

**What’s SAPening**, CHC’s SAP newsletter, is published monthly during the school year, and is distributed electronically to the schools and is available on the CHC website.

## Program Highlights

January 2025 brought welcome changes, with CHC moving to its new office in Bethlehem followed by a celebratory **Open House** in February. Visitors and friends mingled and reconnected in the bright new space, staff staged **CHC's signature educational program - the Mock Teen Bedroom**, and fellow tenants in the Park Plaza building were introduced to our talented, dedicated staff while learning about the important programs and services we offer.

The **Mock Teen Bedroom** was held at dozens of back-to-school nights, community events and health fairs throughout the Lehigh Valley. The "MTB" is a highly requested resource presented to adults only, where they learn how to identify drug paraphernalia, how substances and substance misuse can be disguised, up-to-date information about drug trends, and what resources are available in the Lehigh Valley.



CHC hosted a live **SAP Consortium** with breakfast on October 29, 2024 engaging 75 participants. The topic was "**Current Drug Trends in LV**" and featured a panel discussion with speakers Layne Turner from St. Luke's University Health Network, Donna Jacobsen from Reach LV, Kristen Wenrich from Bethlehem Health Bureau, Destinie Campanella from Savage Sisters, Jeff Marchese from MARS, and Scott Brokaw EMT from Allentown.

**"I like doing activities that make me think about my feelings and help me with anxiety."**

*- Quote from a middle school student in the Mentoring program.*

The Spring SAP Consortium on March 31, 2024 was virtual and titled "**Beyond the Surface - Identifying, Understanding, and Addressing Eating Disorders in Schools.**" We welcomed speaker Dianna Chillo-Havercamp LCSW-R, a psychotherapist in private practice in New Windsor, NY, with over 24 years of experience specializing in the treatment of eating disorders, including anorexia, bulimia, orthorexia, binge eating disorder, OSFED, and body image concerns.

As a state resource for **Fetal Alcohol Syndrome Disorder**, **CHC's annual FASD Forum** was held virtually on September 18, 2024 with 85 participants. The featured speaker was Dr. Maude Champagne, an award-winning neuroscientist, social worker, and therapist based in Canada, who works with families to better manage the difficult behaviors that often occur with an FASD diagnosis. The second speaker was Tara Willard, a parent of three children with FASD and a local advocate who runs the Lehigh Valley and Pocono Families for FASD Facebook Page.



Congratulations to CHC's Senior SAP Liaison, **Sahar Mary Giacobbe** (2nd from left) and the **Freedom High School SAP team**, for winning the **Distinguished Secondary SAP Team Award** at the PA SAP Conference hosted by PASAP (Pennsylvania Association of Student Assistance Professionals.) Their dedication to student well-being, research-based programs, and community connections truly stands out. This award is presented to a middle or high school Student Assistance Team that has gone above and beyond to identify barriers to learning — a team that supports research-based prevention programs, skilled identification, and fosters positive connections with students, parents, and the community.

## Community Connections



On December 2, 2024, CHC's leadership and supporters celebrated the agency's **45th anniversary** with a special reception and dinner held in the Nutcracker Suites at Coca Cola Park in Allentown, which included beautiful views of the Illumination holiday lights on display for the season. Attendance included local officials **Joe Kelly, Chief of Staff for PA Senator Lisa Boscola, and Lamont McClure, Northampton County Executive**. Both dignitaries presented formal proclamations recognizing CHC's commendable milestone.



Several current and past board members, donors and staff were also present, including board members **Dr. Farah Vallera and John Mohr (pictured to the left.)**



**Maria Alonso-Tomlinson**, Manager of Prevention Programs, and **Lisa Wolff**, Manager of Community Engagement, were presenters at the **Commonwealth Prevention Alliance Conference** held in June 2025 at State College. Maria's focus topic was *Hookah: Why Hispanics are so Hooked* and Lisa Wolff presented *Harm Reduction Approaches to the Opioid Epidemic*.



CHC's Executive Director, **Andrew D'Angelo** appeared on Astound Broadband TV (Channel 4) for the **Community Spotlight** hosted by **Dan Mowdy** which aired in June 2025. Andrew was joined by **Molly Stanton**, Assistant Administrator of Lehigh County Drug & Alcohol. They discussed the screening of **Recovery City** directed by **Lisa Olivieri** at Civic Theatre of Allentown, a documentary that sheds light on the barriers women and families face in recovery.

On May 14, 2025, CHC collaborated with Lehigh County Drug and Alcohol to host a screening of the documentary film **Recovery City**, "an intimate, unflinching portrait of four bold women who refuse to let themselves or their community give in to the stigma and despair of addiction". Held at the Allentown Civic Theatre, about 140 community members attended. Local agencies such as Treatment Trends, MARS-ATP, and Oasis Community Center hosted informational tables before the screening, which was introduced by **Joe Martellucci**, LC Drug and Alcohol Administrator, and **Gavin P. Holihan**, LC District Attorney. The movie was followed by a Q&A session with the **film's director, Lisa Olivieri**.

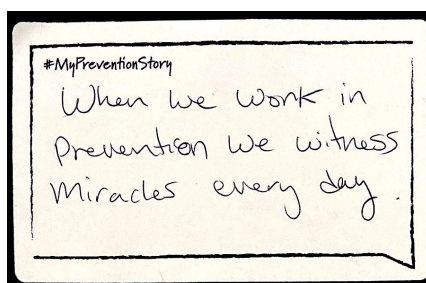


# Clients Served in 2024-2025

## PRIVATE/CHARTER SCHOOLS & COLLEGES:

Allentown Central Catholic HS  
 Allentown Learning Achievement School  
 Berks Catholic High School  
 Carbon-Lehigh IU 21  
 Career Institute of Technology  
 Cedar Crest College  
 Colonial Academy IU 20  
 DeSales University  
 Easton Arts Academy  
 Executive Education Academy Charter School  
 Lafayette College  
 Lehigh Carbon Community College (LCCC)  
 Lehigh Carbon Technical Institute (LCTI)  
 Lehigh Learning Achievement School  
 Lehigh Valley Charter HS for the Arts  
 Lehigh Valley Dual Language Charter School

Lincoln Leadership Academy Charter School  
 Moravian University  
 Newcomer Academy  
 Northampton Community College  
 Notre Dame HS  
 Penn State University - Lehigh Valley  
 Roberto Clemente Charter School  
 Seven Generations Charter School



## LEHIGH & NORTHAMPTON COUNTY SCHOOL DISTRICTS:

Allentown (ASD)  
 Allentown - William Penn Building AEDY Bangor  
 Bethlehem (BASD)  
 Bethlehem Area Vo-Tech School  
 Catasauqua (CASD)  
 East Penn  
 Easton (EASD)  
 Nazareth  
 Northampton (NASD)  
 Northern Lehigh (NLSD)  
 Northwestern Lehigh  
 Parkland  
 Pen Argyl (PAASD)  
 Salisbury Township  
 Southern Lehigh (SLSD)  
 Whitehall-Coplay  
 Wilson  
 Wilson Area Intermediate School

## ORGANIZATIONS, BUSINESSES, COMMUNITY EVENTS & OTHER GROUPS:

6th Street Shelter  
 Allentown Fire Academy  
 Allentown Public Library  
 A Clean Slate Recovery Center  
 Bethlehem Townhomes II  
 Big Brothers Big Sisters  
 Boys & Girls Club of Easton  
 Cedar Beach Park Health Fair  
 Cetronia Ambulance Corps  
 Change on Hamilton  
 Cherryville Animal Hospital Concern  
 Corey & Kimberly's Ride  
 Crayola Factory Health Fair  
 Counties Community Support Program  
 Easton Kiwanis Club  
 Fed Up Rally Health Fair  
 Giant Food Stores  
 Greater Valley YMCA-Allentown  
 Haven House  
 Holiday Inn Express  
 Hope Center  
 Lehigh Co Adult Probation  
 Lehigh Co Drug & Alcohol

Lehigh Co Government Center  
 Lehigh Co Health & Human Services  
 Lehigh Co Housing Authority  
 Lehigh Co Jail  
 Lehigh Co Juvenile Probation  
 Lehigh Co Public Defender's Office  
 Lehigh Valley DUI/ Highway Safety Task Force  
 Lehigh Valley Emergency Services Conference  
 Lehigh Valley Health Network (LVHN)  
 Lehigh Valley Mall Health Fair  
 Lehigh Valley Walk for Recovery  
 LVHN Hospice  
 Moms of Easton  
 MusikFest  
 Neighborhood Center  
 New Bethany Ministries  
 Northampton County Courthouse  
 Northampton Co Drug & Alcohol  
 Northampton Co Health & Human Services  
 Oasis Community Center  
 PA Migrant Education Program  
 Palmer Recovery Center

Peal Center Mental Health Matters Conference  
 Recovery Night at the Iron Pigs  
 Resources for Human Development  
 SAAD School Clubs  
 Schnecksville Fire Co. Health Fair  
 St. Andrews Lutheran Church  
 St. Luke's University Health Network (SLUHN)  
 Step by Step, Inc.  
 The Literacy Center Health Fair  
 The Salvation Army  
 Treatment Trends  
 Voices of School Health - LV School Nurses  
 Whitehall Mall Health Fair  
 Wind Creek Event Center Health Fair  
 Youth Teen Renovation



*Program Request Form*

# A Community Making a Difference

## MANY THANKS TO OUR 2025 SPONSORS OF THE 2<sup>nd</sup> SPRING GOLF OPEN

~ **CHAMPION** ~

Lehigh Gap Exteriors

~ **MASTERS** ~

Fitzpatrick Lentz & Bubba, P.C.

~ **HOLE-IN-ONE** ~

Peoples Security Bank & Trust

~ **CART** ~

Campbell, Rappold & Yurasits LLP

Nature Valley Landscaping

St. Luke's University Health Network

~ **TEE** ~

Lehigh Valley Health Network

Members 1st Federal Credit Union

Morey, Nee, Buck & Oswald LLC

Sheetz

Uline

The Wolff Family

~ **CLASSIC** ~

Cornerstone-Companies

~ **SWAG** ~

EZ Micro Solutions

~ **PATRON** ~

The Nix Family

Working Dog Press



~ **In-Kind** ~

AAA Northampton County, Allentown Symphony Orchestra, Camelback Resort, Clubmaker's Shop, Dorney Park/Wildwater Kingdom, Green Pond Country Club, Herr's, Hotel Bethlehem, Just Born, Pins & Aces, Shankweiler's Drive-In Theatre, Steel Club Golf Course, Texter Family, Wind Creek/Urban Table

## We extend our gratitude to these funders for investing in CHC's programs and services:

Anonymous Foundation  
Bethlehem Rotary Foundation  
Catholic Human Services Foundation  
Charles H. Hoch Foundation  
Crayola  
Hospital Central Services (HCSC)  
Lehigh Valley Ironpigs Charities  
Lehigh Valley Justice Institute  
Leona Gruber Charitable Trust  
Martin Guitar Charitable Foundation  
Richard and Susan Master Family Foundation  
Neag Foundation  
People's Security Bank & Trust  
Sylvia Perkin Charitable Trust  
Donald B. and Dorothy L. Stabler Foundation  
TD Bank Charitable Foundation  
Trumbower Hospital Foundation  
Two Rivers Health & Wellness Foundation  
Vanguard Charitable  
Weyerhaeuser Family Foundation

## CHC is grateful to these individuals and companies for helping to make our work possible with their generous support:

\$1,000-\$2500

Nicole Nix

\$500-\$999

Robert & Jo-Ellen Thomson

Ross & Wendy Born

\$250-\$499

Endgame Marketing Solutions

Luci Asenjo

Guardian Life Insurance

Home Depot #4105

Jim McDade

Long Family Charitable Trust

Steve Hefele

Farah Vallera

\$100-\$249

Drivelocker, LLC

Kristen Hettrick

Christopher Holland

Terry Knox Ramseur

John Mohr

Mike & Audrey Polce

Donna Rohrbach

Jason Serfass

Joseph Welsh

Lisa Wolff

Up to \$99

Andrew D'Angelo

Marie Giacobbe

Sahar Giacobbe

John Holland

Peter Isaac

Andrea Langlais

Arlene Lund

Delia Mitchell

Paula Ream

Moriah Rogers

Ginny Sandoval

Kyle Sosa

*CHC is grateful to these businesses that helped  
with the office move, and appreciates their  
efforts and exceptional services!*

1-800-GOT-JUNK?

David A. Klein Real Estate, Ltd.

EZ Micro Solutions

GC Electric company

Knauss & Son Locksmith

Lehigh Gap Exteriors

Richter Total Office

Service Electric Network

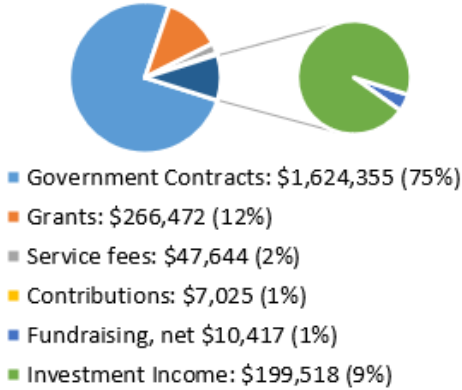
Shelley Communications

Shively's Moving and Storage

*The organization was gifted with 85 hours of service from 11 volunteers, valued at \$2,957.15.*

# Strength and Impact

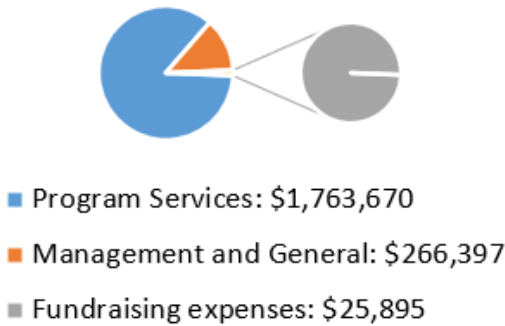
## Statement of Activities: 6/30/2025 Revenues, Gains and Other Supports



### Special thanks to these community partners who provided funding for CHC’s programs and services:

- ◇ City of Bethlehem, Community Development Block Grant
- ◇ Lehigh County ARP COVID 2022
- ◇ Lehigh County Department of Human Services, Drug and Alcohol Division
- ◇ Northampton County Department of Human Services, Drug and Alcohol Division
- ◇ Pennsylvania Commission on Crime and Delinquency, Office of Justice Programs
- ◇ United Way of the Greater Lehigh Valley

## Statement of Functional Expense: 6/30/2025



CHC’s volunteer Board of Directors provides careful oversight of the finances and assists the Executive Director with financial management, allowing for sensible growth that aligns with the agency’s mission. The organization is financially stable with a strong investment portfolio.

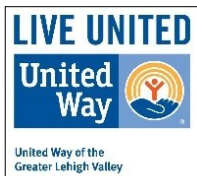
Eighty-six percent (86%) of government, private and foundation grants, service fees and contribution revenues support direct programming to engage community members in building skills for life’s challenges.

For the year ended June 30, 2025, the organization received a clean (unmodified) audit opinion. The audit was conducted by Campbell, Rappold & Yurasits, LLP, Certified Public Accountants and Advisors.



**Join us May 4, 2026  
for CHC’s 3rd Annual  
SPRING GOLF OPEN  
fundraiser at Green  
Pond Country Club!**

“My Mentor gave me good advice on what to do, and is always there for me when I need to talk things out.”  
- Quote from a high school student  
in the Mentoring program



*The Center for Humanistic Change, Inc. is a 501c(3) charitable agency to which contributions are tax deductible as allowed by law. The organization complies with all mandatory reporting as required by the IRS and federal government. The official registration and financial information may be obtained from the Pennsylvania Bureau of Corporations and Charitable Organizations by calling (800) 732-0999. Registration does not imply endorsement. EIN # 23-2107264.*