



The Center for Humanistic Change

RESOURCE GUIDE OF 2026

The CHC is committed to supporting children and families in their journey to learn, feel safe, and build connections. Our mission is to provide comprehensive resources that are relevant, accessible, and practical, ensuring individuals have access to the support they need for their well-being and growth. We have meticulously curated this resource guide to offer valuable resources you can refer to with ease. For further assistance, please visit www.thechc.org.

- 📍 Address:** 3400 Bath Pike Suite 306 Bethlehem, PA
- 📞 Phone Number:** 610-443-1595
- 📠 Fax Number:** 610-443-1598
- ✉️ Email Address:** info@thechc.org
- 🕒 Days & Hours:** Monday - Friday | 8 AM - 4 PM

Please note that these resources are changing often. CHC is working diligently to update this guide on a regular basis to the best of our ability. Please check with resources directly if you have a question or need clarification.

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01

Comprehensive Community Resource Guides, Lists, & Sites

Check out "Your go to" links to thorough and current community resource guides, lists, and sites created by national and local agencies in Lehigh and Northampton Counties. These resources include information in various languages such as English, Spanish, Arabic, etc., catering to diverse needs within the community. These resources include information and assistance for housing, food, benefits, employment, healthcare, mental health services, pregnancy, deaf & hard of hearing, disability, veterans, domestic violence victims, LGBTQ+, et cetera.

02

Comprehensive Resource Search Databases

Check out "Your go to" detailed databases of resources, carefully put together by national and local organizations in Lehigh and Northampton Counties. These databases have the latest info on housing, food, jobs, healthcare, mental health services, and more. If you need support with any of these areas, these databases will help you to easily find specific resources tailored to your search.

03

Drug, Alcohol, & Substance Use

Check out "Your go to" resources of national and local organizations and agencies, that address addiction, treatment options, support networks, recovery resources, specialized support, and education and prevention.

04

Mental, Emotional, & Behavioral Health

Check out "Your go to" resources of national and local organizations and agencies, that specifically address mental, emotional, and behavioral health. A variety of resources are available to provide education, assistance, guidance, and support and treatment.

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Grief & Loss

Check out "Your go to" resources for national and local organizations and agencies that provide education, support, and other valuable resources to help with navigating grief & loss.

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Family, Parenting, & Caregiving of Children & Youth

Check out "Your go to" resources of national and local organizations and agencies that provide a range of resources to support, guide, and provide encouragement along the way to adults on raising, caring, and educating children & youth on a variety of topics..

07

Immigrants & Refugees

Check out "Your go to" resources of national and local organizations and agencies that provide a range of services, such as healthcare, social, financial, support networks, et cetera to immigrants and refugees.

08

Homelessness & Poverty

Check out "Your go to" resources of national and local organizations and agencies that provide a range of services, such as healthcare, social, financial, support networks, et cetera for homelessness and poverty.

09

Autism, Developmental Delays, and Intellectual Disabilities

Check out "Your go to" resources of national and local organizations and agencies that provide resources for and support for individuals with autism, developmental delays, and intellectual disabilities and their families.

Your go to

COMPREHENSIVE COMMUNITY RESOURCE GUIDES, LISTS, & SITES

Local Counties of Lehigh & Northampton

Lehigh County

Lehigh County - Department of Human Services

Northampton County

Northampton County - Human Services

Northampton County - Crisis/Resources

Community Services for Children, Inc.

Child Care, Child Development, & Family Resources

Community Resource Book 2024-2025

Magellan of PA

Community and Online Resources

Lehigh County

Northampton County

Social Security Benefits

County Assistance Offices

Network of Care

Lehigh County - Resource Links for Mental and Behavioral Health Agencies and Organizations

PA Commonwealth of Pennsylvania - Department of Human Services

Compass PA - Click. Apply. Benefit.

Preventative Measures - Community Resources

United Way of the Greater Lehigh Valley

Your go to

COMPREHENSIVE COMMUNITY RESOURCE GUIDES, LISTS, & SITES

Discover Lehigh Valley

Greater Lehigh Valley Chamber of Commerce

Healthline

National Institutes of Health

CDC - Center for Disease Control & Prevention

Valley Health Partners

HealthChoices (PA's Managed Care Programs for Medicaid/Medical Assistance)

Neighborhood Health Centers of the Lehigh Valley

Star Community Health

MedTherapy Solutions

Vitality Natural Healthcare Center

Lily's Hope

PA CareerLink

Office of Vocational Rehabilitation Services

Via of the Lehigh Valley

The ARC of Lehigh & Northampton Counties - For people with Intellectual & Developmental Disabilities

American Society for Deaf Children

National Association of the Deaf

Volunteer Center of the Lehigh Valley

Institute for Community Inclusion

Communities In Schools

Your go to

COMPREHENSIVE COMMUNITY RESOURCE GUIDES, LISTS, & SITES

Pennie

Second Harvest Food Bank of the Lehigh Valley & Northeast PA

Charity At Work

CAT - Coalition for Appropriate Transportation

Danny's Ride - Provides free rides to recovery services for people living with substance use disorder.

Polaris - A leading survivor-centered, justice- and equity-driven movement to end human trafficking.

Crime Victims Council of the Lehigh Valley

Turning Point of Lehigh Valley

RAINN - National Crisis Support Service for Sexual Assault and Harassment

National Domestic Violence Hotline

Stop Bullying

Bradbury-Sullivan LGBT Community Center

The Trevor Project

Trans Lifeline

Safe Zone Project - LGBTQ+

Step By Step, Inc. - Supporting wellness, inclusion, & opportunities.

CHIMES Holcomb Behavioral Health Systems - Provide a comprehensive range of services and supports for people with mental health, substance abuse, intellectual and developmental disabilities, and co-occurring disorder.

Your go to

COMPREHENSIVE COMMUNITY RESOURCE GUIDES, LISTS, & SITES

Child and Family Focus, INC.

PA Mentor

Justice Works

Resources for Human Development (RHD) - A national human services non-profit with the broadest possible service mission.

Head Start: Early Childhood Learning & Knowledge Center

SELF! - Serving women in the Lehigh Valley reentering into society from traumatic experiences, such as, but not limited to, incarceration, domestic violence and homelessness.

BTG Counseling & Educational Services, LLC

Northeast Community Center

Promise Neighborhoods of the Lehigh Valley

Hispanic Center Lehigh Valley

Casa Guadalupe Center

Hispanic American Organization

Lehigh Valley Live

Lehigh Valley News

WFMZ

Your go to

COMPREHENSIVE RESOURCE SEARCH DATABASES

PA 211 - Get Connected. Get Help.

Project AWARE - Search and connect to support. Behavioral health, mental health, and support services.

FindHelp - Search and connect to support. Financial assistance, food pantries, medical care, and other free or reduced-cost help starts here.

St. Luke's FindHelp - From financial assistance, food pantry locations, medical care to resources for pregnant women/new mothers, you can search for free or reduced cost services available in a language you can understand.

Finding Your Way In PA (APP) - Resources for Children & Youth Experiencing Homelessness.

FindTreatment - The confidential and anonymous resource for persons seeking treatment for mental and substance use disorders in the United States and its territories.

Psychology Today - Health, Help, Happiness + Find a Therapist, Psychiatrist, Treatment Centers, Support Groups.

SAMHSA - Substance Abuse and Mental Health Administration.

FindSupport - For issues with mental health, drugs, or alcohol.

Online Therapy - International online therapy directory connecting people with therapists worldwide.

BetterHelp - The world's largest therapy service – Providing professional, affordable, and personalized therapy in a convenient online format.

Your go to

COMPREHENSIVE RESOURCE SEARCH DATABASES

Inclusive Therapist - A safer, simpler way to find care. Helping marginalized identities receive equitable access to radically affirming and culturally responsive mental health care.

Therapist.Com

Good Therapy - Find therapists and counselors, rehab and residential treatment centers, and mental health resources.

Mental Health Match - Matching tool to find licensed therapists best matched to your needs.

Open Path - Provides people in need with access to transformative and affordable mental health care.

Open Counseling - Helping people find affordable counseling services near them.

SAM, Inc - Service access & management.

National Council on Alcoholism and Drug Dependence - Get access to substance use and mental health treatment where you are.

Fay Nutrition - Find Registered Dietitian Nutritionists.

The Food Therapy Clinic

Your go to

DRUG, ALCOHOL, & SUBSTANCE USE

OASIS Community Center

Pyramid Healthcare, INC. - Addiction Treatment

Caron Foundation

Crossroads Treatment Centers

White Deer Run Treatment Network

Reach LV - Youth Recovery Center

Treatment Trends

SYNC Recovery Community

A Clean Slate - Slate Belt Recovery Center

Recovery Revolution

Thrive

MARS - Achieving Recovery. Creating Hope.

Merekey - Addiction Recovery

Crossroads - Drug Addiction Treatment Center

Northeast Treatment Centers (NET Centers) - Bethlehem & Easton Addiction Outpatient Programs

Al-Anon Family Groups

Children of Addiction (COA)

Partnership to End Addiction

LVHN - Drug & Alcohol Resources

Penn State Extension - Alcohol & Drug Prevention

PLCB Bureau of Alcohol Education

Your go to

DRUG, ALCOHOL, & SUBSTANCE USE

Vaping Prevention Resources

The Truth - Quit Vaping

SmokeFree.Gov

American Lung Association

Truth Initiative

Tobacco-Free Kids

Ask.Listen.Learn. - Kids and Alcohol Don't Mix

My Life My Quit

Stanford Medicine - Tobacco Prevention Toolkit

Catch.Org

Never Use Alone - Overdose Prevention

National Institute on Drug Abuse

National Institute on Drug Abuse (NIDA/NIH) - YouTube Channel

Drugs.Com - Drug Information

Get Smart About Drugs

Natural High - Drug Prevention and Life Skills to Help Kids Thrive

Unshame - End the Stigma of Addiction

Life Unites Us - End the Stigma of Addiction (PA)

Words Matter: Terms to Use and Avoid When Talking About Addiction

The Power of Words

Conversation Zone

Fake Is Real - Fentanyl Awareness

Your go to

MENTAL, EMOTIONAL, & BEHAVIORAL HEALTH

NAMI National Alliance on Mental Illness

NAMI National HelpLine Resource Directory

Teen And Young Adult Resource Directory

NAMI Lehigh Valley

The Kids Mental Health Foundation/On Our Sleeves

The Kids Mental Health Foundation - English

The Kids Mental Health Foundation - Spanish

National Institute of Mental Health (NIMH)

Children's Mental Health Resource Center

Mental Health America

Mental Health In PA

Thriveworks Counseling

Move Forward Counseling

TeenCentral - Support for Teens

Pieces of Mind

Hearts Connected

Resilient Lehigh Valley

Childmind Institute

Robin

ReachOut

Shanthy Project

Your go to

MENTAL, EMOTIONAL, & BEHAVIORAL HEALTH

Aevidum

American Foundation for Suicide Prevention - Eastern Region

Prevent Suicide PA

13 Reasons Why Toolkit

Pennsylvania's Suicide Prevention Guide & Resources

Erika's Lighthouse - Give Voice to Suicide Prevention

Lehigh Valley Health Network - Psychiatry (Behavioral Health)

St. Luke's - Psychiatry (Behavioral Health)

St. Luke's Penn Foundation - Mental Health Services

KidsPeace - For Children, Families, & Adults

Concern 4 Kids

Preventative Measures, Inc.

Pyramid Healthcare, INC. - Mental Health Treatment

OMNI Health Services

Nulton Diagnostic & Treatment

Pinebrook Family Answers

Lehigh Valley Center for Child and Family Development, LLC

Anwari Counseling Services LLC

Pathways for Change

Next Chapter Counseling, LLC

Ascend Counseling Services, INC.

Hazel Health

Your go to

MENTAL, EMOTIONAL, & BEHAVIORAL HEALTH

Counseling Solutions LV

Haven House

Merekey

Autism

ABA Support Services

Helping Hands Family

Autistic Burnout (Dr. Alice Nicholls)

Autism Speaks

Autism Society

Social Skills Training for Adolescents and Young Adults with Autism Spectrum Disorders

National Eating Disorder Association (NEDA)

Association of Anorexia Nervosa and Associated Disorders (ANAD)

National Eating Disorder Collaboration (NEDC)

Eating Disorder Foundation

Eating Disorder Hope

Eating Recovery Center

American Psychological Association

National Institute for the Clinical Application of Behavioral Medicine

The Calm Space

Oasis Mental Health App

Counselr for Schools - Mental Health for Students

Little Otter - Mental Health Support for Kids in PA

Your go to

MENTAL, EMOTIONAL, & BEHAVIORAL HEALTH

Lehigh University Autism Services

Access Services - Behavioral Health Services

KS-MST/KS-Consultants

Community Solutions - Youth Non-Residential Program (MST)

Transitional to Independence Program

Carbon Lehigh Intermediate Unit 21

Colonial Intermediate Unit 20

Lehigh Valley School-Based Mental Health Collaborative

Outpatient Mental Health and Substance Use Disorder Treatment Services in Schools - Considerations for Schools and Providers

Prevention Learning Portal

TherapistAid

American Psychological Association

Mental Health Webinars & Courses by McLean Hospital

Mental Health Academy

Centre for Clinical Interventions - Self Help Resources for Mental Health Problems

Female Trauma Support

Bloom for Women

Healing the Unresolved - Putting the Past in the Past

Your go to

GRIEF & LOSS

Grief Group Support Services (Adult & Children)

LVHN - Grief Resources

Teen Grief Groups - 8-Week Curriculum

American Foundation for Suicide Prevention (AFSP) - Offers Survivor Day events, support groups, resources for coping after suicide, and educational materials.

Alliance of Hope for Suicide Loss Survivors - Online community, forums, and resources for those who have lost loved ones to suicide.

Suicide Prevention Lifeline / 988 (Loss Survivors) - Losing a loved one to suicide is difficult and can come with a lot of complicated emotions. There is support available to help survivors of suicide loss like you, your friends, and family cope with the loss.

Resources for Grief and Trauma

Luke William Hahn Foundation

Grief Support Services (Lehigh Valley)

Grief Share (Find a Group)

The Center for Loss & Bereavement

National Alliance for Children's Grief

Dougy Center - Grief Resources for Kids to Adults

Foundation for Grieving Children, INC.

Grief Net (Caring Community) - Resources

The Compassionate Friends - Supporting families after a child's death.

Your go to

GRIEF & LOSS

Grief and Loss (Department of Education - PA) - Resources for parents, educators, and professionals serving children and youth in school and out-of-school settings.

Jewish Family Service of the Lehigh Valley (JFS) - Offers grief counseling for individuals and families (all ages, all backgrounds). Valuable for inclusive, culturally-sensitive services.

Grief.com

OASIS Community Center (Lehigh Valley) - Specializes in support for those grieving due to substance-related loss (e.g., overdose).

What's Your Grief

Caring Connections - A program of the National Alliance for Care at Home, provides free resources to educate and empower patients and caregivers to make decisions about serious illness and end-of-life care and services. CaringInfo's goal is that all people are making informed decisions about their care.

Baby Steps - Helpful resources for bereaved families, their friends, and loved ones.

Children's Grief Awareness Day

Chameleon's Journey (Youth Grief Care Program & Resource)

Your go to

FAMILY, PARENTING, & CAREGIVING OF CHILDREN & YOUTH

PA SAP

PNSAS

Child Welfare

Children & Youth Services of the Lehigh Valley

Keep Kids Safe

Safe to Say

Committee for Children

PA Promise for Children

PA Families, Inc.

PA Parent and Family Alliance

National Federation of Families

National Family Support

PA Care Partnership

PA Kin Connector

Second Time Around: Grandparents Raising Grandchildren

Youth Move PA

Youth Advocate Program

Youth.gov

Youth Engaged 4 Change

ParentTeen Connect

TeenLine

Teen Central - Resource for Teens Seeking Help

The Power of Words: How Our Language Can Help or Hurt Those With Mental Health or Substance Use Disorders

Badger State Speech - Social Communication

Your go to

FAMILY, PARENTING, & CAREGIVING OF CHILDREN & YOUTH

YMCA

Camelot for Kids

Arc of the Lehigh and Northampton Counties

Magellan Health Insights

Lehigh Valley Alive - Where To Go. What To Do.

Lehigh Valley With Little Ones

Lehigh Valley Children's Center

Valley Youth House

Family Based Mental Health (VYH)

Functional Family Therapy (VYH)

Trauma Focused Cognitive Behavioral Therapy (VYH)

Service Guide (VYH)

STARR Commonwealth - Resources for helping children through traumatic incident(s).

Karyn Purvis Institute of Child Development - Trust Based Relational Intervention

The Wellness 101 Show (Ages 12+) - For Mental & Physical Health

The Wellness 101 Junior (Ages 6-12) - For Mental & Physical Health

Just STARt the Conversation Podcast

Committee for Children - YouTube Channel

Committee for Children - Website & Resources

Zero to Three - Focuses on early childhood development, including tips for fostering resilience in young children.

Little Otter - Resources

Your go to

FAMILY, PARENTING, & CAREGIVING OF CHILDREN & YOUTH

[Caring Place Youth Development Center](#)

[Resurrected Community Development Corp.](#)

[LINCS Family Center](#)

[Penn State Extension - Children and Family Advice](#)

[LVHN - Preparing for Labor/Childbirth, Baby Care, and Breastfeeding](#)

[LVHN - Parent & Grandparent Workshops and Mindfulness for Children Series](#)

[LVHN - Raising a Family](#)

[Bright Hope - Parenting](#)

[Operation Parent](#)

[Parenting.Org](#)

[Nemours KidsHealth - Advice on children's health, behavior, and growth - from birth to teen years.](#)

[Be Strong Families - Webinars](#)

[Harvard University - Center on the Developing Child](#)

[LVHN - Behavioral Health Guidebook](#)

[St. Luke's - Mental Health Awareness](#)

[McLean Hospital - Mental Health Webinars & Courses](#)

[Crisis Prevention Institute](#)

[Crisis Text Line Resources](#)

[Access Services - Offering a variety of services addressing Children & Family, Intellectual Disability & Autism, and Housing & Homeless.](#)

[Watson Institute - Special Education & Autism Resources](#)

[ADDitude - ADHD/ADD Parenting](#)

Your go to

FAMILY, PARENTING, & CAREGIVING OF CHILDREN & YOUTH

[Understood](#) - Parenting a Child with ADHD, Dyslexia, Dyscalculia, Language Disorders, Written Expression Disorder

[CHADD](#) - Parenting a Child with ADHD

[Shape The Sky](#) - Spreads awareness to help parents and professionals create safe and responsible children online.

[SmartSocial](#) - Helping to inform adults on how to keep their children and students safe online.

[Kite & Key Media](#) - Gives you the essentials necessary to understand the issues that affect your life.

[Children and Screens](#)

[Weller Health Education](#)

[Mikayla's Voice](#) - Celebrates diversity of all kinds, promoting kindness and friendship for everyone.

[Love Is Respect](#) - Healthy relationships for young adults.

[The Teen Relationship Workbook](#)

[National Center on Sexual Exploitation](#)

[Scarleteen](#) - Offering inclusive, accurate, and supportive sexual health information for teens and young adults.

[AMAZE](#) - Designed for young people, featuring videos and information on various topics, including healthy relationships, personal safety, & sex ed.

[Girls Leadership](#)

[SelfSea](#)

[Teachers Pay Teachers](#) - All Resources

[etiQuit](#)

[Lehigh Valley Reads](#)

Your go to

FAMILY, PARENTING, & CAREGIVING OF CHILDREN & YOUTH

[Speech Is Beautiful](#) - 10 wordless videos that teach problem solving.

[Neuroscience News](#)

[Neurodiversity Education Academy](#)

[Diversity Kids](#)

[Greater Good Science Center](#)

[Get Excited About the Brain \(NIMH\)](#) - Coloring & Activity Book (Ages 8-12)

[Lehigh Valley Young Life](#)

[Very Well Health](#)

[Nice News](#)

[ASCD](#) - Resources & Webinars for Educators

[RULER Approach](#) - Program for creating emotionally intelligent schools.

[Joshway](#) - Dedicated to nurturing and empowering Lehigh Valley's next generation of creative talent.

[Resilient Lehigh Valley](#) - Parents & Caregivers

[ARCH National Respite Network](#)

[Lift with Boys Town](#)

[PBIS World](#) - Teach Social Skills

[Overcoming Obstacles](#) - K to 12 Life Skills Curriculum

[Resilient Educator](#)

[Mindfulness for Teens](#)

[Teaching Tolerance](#)

[Raising Race Conscious Children](#)

[The Conscious Kid](#)

Your go to

FAMILY, PARENTING, & CAREGIVING OF CHILDREN & YOUTH

Miss Ems Bookworm Read Aloud - YouTube Channel

PBS Kids

PBS Parents

Scholastic Parents

Scholastic Teachers

Common Sense Media

BrainPop Educators - Topic Directory & Resources

BrainPop Educators - Topic Directory & Resources

Institute for Arts Integration and Steam

Big Life Journal - 5 Signs You're Breaking the Toxic Generational Cycle (As a Parent)

TeenHealthFX

NPR - Life Kit: Parenting

Parents - Trusted Parenting Information for Raising the Future

Family Education

The Power of Play with Sela Blue - A parent's guide to nurturing a lifelong love of creativity, knowledge, & discovery.

Feeling All the Feelings Workbook - Kid's guide to exploring emotions.

Crayola

Rodale Institute Experimental Farm

Kids Gardening

Random Acts of Kindness Foundation

143 Day of Kindness In PA

Your go to

IMMIGRANTS & REFUGEES

Family Wize

America's Charities

PA Refugee Service Contractors Directory

Literacy Center of the Lehigh Valley

Resources for Immigrants in the USA

Immigrants Rising

My Undocumented Life

National Immigration Law Center

Dreamer's Roadmap

Make The Road PA

PA Immigrant

M.I.R.A. Resources - Equipping migrant, immigrant, refugee, and asylee families with equitable resources to succeed.

Pennsylvania Center for Refugees & Immigrants (PACRI) - PACRI offers interpretation and translation services in Arabic and other languages. These services are available for meetings, legal assistance, and communication with schools, hospitals, and other institutions. There is a fee for these services.

Avante Language Services - Based in Glenside, PA, Avante provides 24/7 interpretation and translation services in Arabic and numerous other languages. They cater to various needs, including medical, legal, and business contexts.

Your go to

IMMIGRANTS & REFUGEES

Pennsylvania Department of Human Services (DHS) - DHS offers free language translation services for individuals with limited English proficiency. These services are available for accessing benefits and services provided by DHS. Requests can be made via email to BEO staff at RA-PWBEOAO@pa.gov.

Syrian Arab American Charity Association - Cultural and support organization offering social events, Arabic classes, and refugee support services to the Syrian-American and broader Arab community. 606 N 2nd St, Allentown, PA • (610) 432-8001

American Amarian Syrian Charity Society (Services for Arabic Speakers)

Muslim Association of Lehigh Valley (MALV) – Offers religious, educational, and social services including free health clinics, benefit application assistance, youth programs, and Arabic-speaking staff.

Islamic Society of Allentown (ISA) – Provides community support, family counseling, religious services, and Arabic-language education programs for youth and adults.

Allentown Refugee Community Center - Provides trauma-informed services to refugees, including ESL classes, preschool readiness programs, citizenship classes, and community dinners. The center has recently seen an influx of Ukrainian refugees and continues to offer support through volunteer-run programs.

KleinLife (Immigrant Welcome Center) - Offers comprehensive services for Ukrainian refugees, including ESL classes, after-school programs, free food packages, and assistance with work and public assistance documentation. Since 2022, they have assisted over 1,700 Ukrainian refugees.

Your go to

HOMELESSNESS & POVERTY

National Association for the Education of Homeless Children & Youth

National Network for Youth

Administration on Children, Youth, and Families

3rd Street Alliance - Housing Stability & Early Childhood Education

Operation Address The Homeless (OATH)

Victory House of Lehigh Valley - New Beginning for Homeless Men

Cece's Lemonade

Caring DAM Hearts

Lehigh Conference of Churches

Community Action Lehigh Valley - Anti-poverty nonprofit serving The Greater Lehigh Valley area.

Family Promise of Lehigh Valley - Mission is to provide a community-based approach to assist families with children who are experiencing homelessness or housing insecurity to build patterns and enhance skills that will create sustainable independence.

Bethlehem Emergency Shelter

Valley Youth House - Helps ensure that youth have safe and stable housing.

Catholic Charities of the Diocese of Allentown - Emergency assistance, Clothing, Food Pantries, Rent/Utility Assistance, Referrals, and Case Management.

Your go to

HOMELESSNESS & POVERTY

Finding Your Way In PA (Website/APP) - Resources for children & youth experiencing homelessness.

S.T.A.R. - Serving to Aid & Restore: Charity focused on providing necessities, information, and resources to homeless and in need individuals.

Department of Human Services - Housing Resources that can help individuals and families with low incomes, or those who are at-risk of, or experiencing homelessness.

PA Department of Education: Homeless Education

PA Education for Children & Youth Experiencing Homelessness

PA Homeless Liaisons

Corporation for Supportive Housing.

SAMHSA: Homelessness Programs & Resources

Housing Alliance of PA

National Alliance to End Homelessness

The National Center for Homeless Education

Sixth Street Shelter (Allentown)

Turning Point of Lehigh Valley - Provides emergency shelter, legal advocacy, and support for individuals escaping domestic or intimate partner violence.

New Bethany Ministries (Bethlehem) - Offers transitional housing, permanent housing, meal center, and financial case management. Strong focus on both immediate help and long-term support.

Lehigh Valley Regional Homeless Advisory Board (RHAB) - A coordinating body that brings together service providers, government agencies, and nonprofits to address homelessness strategically across the region.

Your go to

HOMELESSNESS & POVERTY

Project of Easton - Offers emergency housing assistance, utility help, and food programs, especially serving Northampton County.

Reentry Services via PA CareerLink for Formerly Incarcerated Individuals

Reentry Services via Pinebrook Family Answers for Formerly Incarcerated Individuals

Reentry Services via Pinebrook Family Answers for Formerly Incarcerated Individuals

Lehigh County Housing Assistance Program (HAP) - Makes available a continuum of services to homeless or near homeless individuals and families. Rental assistance and housing case management is available to individuals and families who are qualified.

Easton Area Neighborhood Center - The Neighborhood Center offers assistance to every member of the community. They offer resources to combat food and housing insecurity, rising costs of utilities and daily needs, and social isolation.

NeedHelpPayingBills.com - Comprehensive online resource aimed at assisting low- to moderate-income individuals and families in finding financial aid and essential services. Established in 2008, the platform offers a centralized directory of verified assistance programs across the United States, including local, state, and national resources.

Lehigh County Authority Hardship Program - Apply online through Dollar Energy Fund's MyApp portal or contact participating agencies like Casa Guadalupe or Catholic Charities.

Salvation Army (Allentown) - Provides emergency utility assistance through programs like HeatShare, which helps low-income households with heating bills. Assistance is available to those facing shut-off notices.

Casa Guadalupe - Housing case management and utility assistance to individuals and families at risk of losing their housing. These services are particularly beneficial for those facing eviction or utility shutoffs. Assistance is available by appointment only, and clients are encouraged to contact the center directly for more information.

Your go to

AUTISM, DEVELOPMENTAL DELAYS, AND INTELLECTUAL DISABILITIES

Autism Speaks - Provides a comprehensive resource guide, advocacy initiatives, and a helpline for personalized support.

Autism Society of America - Offers a national helpline, affiliate network, and extensive resources on education, employment, and community living.

Autistic Self Advocacy Network (ASAN) - Led by autistic individuals, ASAN focuses on advocacy, policy change, and promoting neurodiversity.

Organization for Autism Research (OAR) - Provides research-based resources and support for families, educators, and clinicians.

Duke Center for Autism and Brain Development - The national organizations listed provide resources, services, and/or supports for autistic individuals, their families, professionals, and community members.

Milestones Autism Resources - Provides support, evidence-based methods & coaching for families & professionals to help autistic individuals reach their unique potential.

Easterseals - Provides a wide range of services, including therapy, family support, and educational resources.

National Coalition for Access to Autism Services - Seeks to preserve and expand access to the services and supports necessary to ensure that people with autism have every opportunity to fulfill their potential.

ABOARD's Autism Connection of PA - Offers support groups, events, and a lending library across Pennsylvania, including the Lehigh Valley.

Autism Society Lehigh Valley - A volunteer-driven affiliate of the national Autism Society, this organization offers social groups, community events, and resource connections for individuals of all ages.

Your go to

AUTISM, DEVELOPMENTAL DELAYS, AND INTELLECTUAL DISABILITIES

Via of the Lehigh Valley - Provides vocational, social, and independent living services for adults with autism. Via is an Autism Waiver provider and offers individualized skill-building programs.

Lehigh University Autism Services (LUAS) - Offers evidence-based therapy for young children with autism, including services in clinic, home, school, and community settings. LUAS is an Intensive Behavioral Health Services (IBHS) provider.

Easterseals Eastern Pennsylvania - Devoted to helping improve the lives of children with disabilities and their families. Offers several programs to serve the needs of children with autism and their families. Provides ABA therapy, diagnostic clinics, summer camps, and employment preparation programs for individuals with autism.

Helping Hands Family - Operates multiple clinics in the Lehigh Valley, offering personalized ABA therapy with a focus on parental involvement and individualized treatment plans.

Connective Intervention Services - Serves children as young as under age 3 with developmental delays, including autism, through Colonial IU 20. Services are provided at 2801 Emrick Boulevard, Bethlehem, PA.

Magellan of Pennsylvania - Collaborates with local agencies to offer Intensive Behavioral Health Services (IBHS), Transition to Independence Program (TIP), and Family-Based Services (FBS) in Lehigh & Northampton County.

Parent to Parent of Pennsylvania - Links families of children and adults with special needs on a one-on-one basis.

The Special Kids Network - A free, statewide service for families with children who have special needs. The Special Kids Network provides support, up-to-date information referrals to statewide agencies and organizations.

Your go to

AUTISM, DEVELOPMENTAL DELAYS, AND INTELLECTUAL DISABILITIES

PA Promise for Children - Pennsylvania's Promise for Children, known as PA Promise, is a campaign to help families make good choices about their child's early learning and choose quality early learning programs that are right for their family. The Pennsylvania Office of Early Learning and Development (OCDEL) is the primary partner in PA Promise.

Center for Parent Information & Resources (CPIR) - Central hub of valuable information and products specifically designed for the network of Parent Centers serving families of children with disabilities.

Blue Envelope Program - Introduced in Lehigh County and now expanding to Northampton County, this initiative provides drivers with autism a blue envelope containing communication tools to aid interactions during traffic stops. It's available through local police departments and healthcare providers.

Keystone Human Services - This program supports young adults aged 12–35 with autism in Lehigh County, focusing on employment, higher education, and increased independence. It utilizes the LifeCourse Framework to create person-directed plans.

Lehigh Valley Center for Independent Living (LVCIL) - Offers Supports Coordination for individuals with disabilities, including those with autism, under various waiver programs. They assist in developing service plans and connecting clients with necessary resources to live independently.

Lehigh County Intellectual Disabilities Program - Provides a comprehensive array of services and supports to individuals with intellectual disabilities, including youth. These services are designed to support self-determination and maximize independence, choice, and responsibility in the community.

Your go to

AUTISM, DEVELOPMENTAL DELAYS, AND INTELLECTUAL DISABILITIES

Early Intervention Services - Lehigh County offers Early Intervention services for children from birth to age 5 who have special needs due to developmental delays or disabilities. Services are provided in various settings familiar to the family, such as the child's home, child care center, or early childhood special education classroom.

Children and Youth Services - The Lehigh County Department of Human Services provides a variety of intervention, parenting, and prevention programs that promote the safety and well-being of children. Services include foster care, parenting resources, and prevention programs.

Northampton County Developmental Programs - Northampton County coordinates services for residents of all ages with intellectual disabilities. Services include residential services, day habilitation, employment supports, home and community habilitation, respite, companion services, and family support services. Eligibility requirements apply, and services are voluntary.

Early Intervention Services - The Early Intervention program at Colonial Intermediate Unit 20 serves children and their families in Northampton, Monroe, and Pike counties, providing special education services including specialized instruction, speech therapy, occupational therapy, and physical therapy.